HEALTH DISPARITIES: YOU KNOW THERE'S A NEED, NOW PROVE IT!

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HI, THERE!

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DEFINITIONS

Health inequities: “avoidable inequalities in health between groups of people” World Health Organization

Health disparities: “a particular type of health difference that is closely linked with social, economic, and/or environmental disadvantage.” Healthy People 2020

What’s the difference?
WHAT INFLUENCES A PERSON’S HEALTH?
SOCIAL DETERMINANTS OF HEALTH

Source:
https://www.cdc.gov/socialdeterminants/
WHY WOULD WE NEED TO “PROVE” ANYTHING?
Problem and Need.

- Identify the problem to be addressed and the needs to be met by the project. Provide supporting data.

https://gwpa.org/node/138
Evidence of Need

- Demographic information that supports the need for the project is provided.
- A description of information resources or services currently available, what are needed and any relevant barriers to information access is provided.
- Known needs assessments, formal or otherwise, any relevant statistics or literature that supports the need are identified.

Target Population

- A description of the target (including numbers and types of health professionals, patients, members of the public, etc.) and an estimate of how many of these the project will reach is provided.
- Characteristics, including applicable health issues, of the population being targeted for the project are described.
- The geographic area in which the project will take place is described.
- https://nnlm.gov/mar/funding
Community Served: Not to exceed 1 page. The applicant should include a description of the community or population that will be engaged, including details about geography, demographics, and languages spoken.

https://www.nih.gov/research-training/allofus-research-program/
FINDING EVIDENCE
SOURCES THAT WE ARE TALKING ABOUT TODAY

- Data and Statistics
- Evidence-based practices
TIPS FOR FINDING INFORMATION

- Don’t reinvent the wheel—use existing sources whenever possible
- Think about who might collect needed data
- Consider the source—not all information is created equal
- Cite your source—give credit where credit’s due
- Not everything that should be counted is
- You do not need to be a researcher
- Many resources are available free online, others are not
FREE SOURCES OF INFORMATION

- Community Health Needs Assessments: Hospitals, County Health Departments
- Published Literature: PubMed Central, Google Scholar
- Reports/”Grey Literature”: National Information Center on Health Services Research and Health Care Technology
- Compilations of Statistics: State Health Facts, County Health Rankings, Office of Minority Health Population Profiles
- Additional resources: PhPartners.org
- Your local public library
Minority Population Profiles
- Capacity Assistance
- Weekly and Monthly Compilations of Resources, Training and Funding
- https://www.minorityhealth.hhs.gov/

More about the Office of Minority Health resources: https://www.youtube.com/watch?v=sPmPXAvwxpc
COMMUNITY HEALTH ASSESSMENTS

- State
- County
- Hospitals/health systems
CHECK YOUR STATE

Delaware Health Statistics Center
COMPILATIONS OF STATISTICS – LOCATION SPECIFIC

http://kff.org/statedata/

http://www.countyhealthrankings.org/
500 CITIES PROJECT

- Download data from CDC now: https://www.cdc.gov/500cities/
- Mapbooks for cities
- As of March 2: interactive website
RURAL HEALTH INFORMATION HUB

- Rural Health Disparities
- Social Determinants of Health for Rural People
- Migrant Health
- Finding Statistics and Data Related to Rural Health
- Evidence-based toolkits
- State-specific guides
What kind of health information might USDA have?

https://www.ers.usda.gov/
EVIDENCE-BASED PROGRAMS

- U.S. Department of Education
- U.S. Department of Health & Human Services
- U.S. Department of Justice

http://youth.gov/evidence-innovation/evidence-based-program-directories
INDIVIDUAL STUDY
Pasos Adelante

Individual Study Details: Pasos Adelante
Individual Study Source: Healthy Communities Institute

ACTION Areas
- Physical Environment
- Health Behaviors

FILTERS
Target Risk Factors: Obesity  Target Populations: Racial/Ethnic Minorities  Intervention Setting: Community

DESCRIPTION
Pasos Adelante is a chronic disease prevention program for Mexican-Americans residing in U.S.-Mexico border communities. This initiative uses community health workers, called promotores, to recruit participants and run culturally tailored 12-week interventions consisting of weekly scripted classroom sessions and walking groups. The program uniquely motivates Mexican-Americans to adopt healthy behaviors by educating them on nutrition and providing a supportive environment to walk. This initiative has been implemented on two separate occasions, first from 2000 to 2003 in Yuma and Santa Cruz counties of Arizona, second from 2005 to 2008 in Douglas, Arizona, by University of Arizona and community health organizations. Pasos Adelante was funded by the Centers for Disease Control and Prevention, Prevention Research Center.
Health Data Tools and Statistics

Links to data on the health of a population. For data about public health workforce go to Public Health Data

Health Data News | County and Local Health Data | State Health Data | Individual State and Metropolitan Data | National Health Data | Global Health Data | Statistical Reports | Demographic Data | Geographic Information Systems (GIS) | Training and Education | Health Information Technology and Standards | Tools for Data Collection and Planning

Literature and Guidelines

Resources to help you access the public health literature as well as links to titles from members of the Partners project.

See How to Access Journal Articles for strategies to access and obtain full text journal articles.

Practice Informed by Research

Healthy People 2020 | PubMed | Structured Evidence Queries

Research is just a click away...

Journal Article Databases | Individual Journal Titles | Selected Articles | Newsletters | Reports and Other Publications | Guidelines | Public Health Libraries
WHAT ARE SOME OTHER SOURCES OF INFORMATION ABOUT A COMMUNITY? OR EXISTENCE OF HEALTH INEQUITY?
QUESTIONS?
THANK YOU!

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